

INSTITUTE FOR EDUCATION

COURSE LEARNING OUTCOME OF SHORT-TERM COURSE

Course Outcomes for Yoga, Beautician, Candle Making, and Doll Making

Each of these courses equips students with specific skills and knowledge that can be applied both professionally and personally. Below are the detailed outcomes for each course.

YOGA

- **Improved Physical Fitness and Flexibility**
- **Enhanced Mental Well-being**
- **Understanding of Yoga Philosophy and Ethics**
- **Mastery of Breathing Techniques (Pranayama)**
- **Increased Awareness of Mind-Body Connection**
- **Foundational Knowledge in Anatomy and Physiology**
- **Development of Teaching Skills (for Teacher Training Programs)**
- **Holistic Health and Lifestyle Integration**
- **9.Cultivation of Inner Peace and Self-Awareness**

2. Course Outcomes of Beautician Course

- **Enhanced Knowledge of Skin Care and Cosmetics**
- **Mastery in Makeup Application**
- **Hair Care and Styling**
- **Nail Care and Manicure/Pedicure**
- **Customer Service and Salon Management**

3. Course Outcomes of Candle Making Course

- **Understanding of Candle Making Materials**
- **Mastery in Candle Making Techniques**
- **Knowledge of Safety Protocols**
- **Customization and Scent Blending**
- **Entrepreneurial Skills for Candle Business**

4. Course Outcomes of Doll Making Course

- **Proficiency in Doll Design and Pattern Creation**
- **Mastery in Sewing and Assembly Techniques**
- **Knowledge of Materials and Tools**
- **Customization and Creativity**
- **Entrepreneurial Skills for Doll Making**

5. Course Outcomes of Spoken English And Personality Development

- **Improved English Language Proficiency**
- **Enhanced Verbal Communication Skills**
- **Listening and Comprehension**
- **Writing Skills**
- **Confidence in Public Speaking**

- **Improved Self-Confidence and Self-Esteem**
- **Enhanced Communication and Interpersonal Skills**
- **Leadership and Teamwork Skills**
- **Time Management and Goal Setting**
- **Emotional Intelligence and Stress Management**
- **Professional Etiquette and Grooming**

6. Course Outcomes of Basics of Computer

- **Proficiency in Fundamental Computer Operations**
- **Word Processing and Document Creation**
- **Spreadsheet Management**
- **Presentation Skills Using Software**
- **Internet and Email Usage**