



ONE DAY WORKSHOP

ON

Self – Healing Acupressure Therapy Workshop

Organized

BY

INSTITUTE FOR EDUCATION, SERAIKELLA

Acupressure Expert:-

Mr. Pramod Kumar Sinha

New Delhi

ON 24TH September 2023

Time: 2 P.M. (Afternoon)

Venue: Srikrishna Sinha Public School,

Auditorium, Bistupur

About The Workshop: - Acupressure is an ancient healing art that was figure pressure on the acupuncture points and to increase circulation. Acupressure is technique in which pressure is applied to different points throughout the body.

Registration Form Link:-

https://docs.google.com/forms/d/e/1FAIpQLSeGDIGBMz10qCdvkkB5ynKquX09uqPbHb_GB7mqgpNUQVJvUw/viewform?usp=pp_url

TOPICS OF SEMINAR

1. Acupressure Treatment Since and its value for Human welfare
2. Basic difference of ATS From others existing Therapies.
3. Treatment through ATS without any external Application and medicine
4. Explanation of theories Of ATS in simple manner
5. Anatomy and Physiology according to ATS
6. Treatment without side affects
7. Diagnosis without chemical tests.
8. Symtoms pattern and Treatment
9. Reflexology.Meridiology and others pressure Systems
10. Fundamentals of energy Stagnation.contravection Of energy
11. Hot and cold diseases Yin and yang diseases Deficient and excess Diseases
12. Solution for unemployment.healthy body Mind and strong family
13. Concentration strong Memory for powerful Speech and thinking