

SPORTS FACILITIES AT THE INSTITUTE FOR EDUCATION, SARAIKELA

The Institute for Education, Saraikela firmly believes that sports and physical education are vital components of holistic student development. The Institution promotes a vibrant sports culture by providing excellent infrastructure, equipment, and opportunities for participation at institutional, inter-college, and university levels.

1. Infrastructure and Grounds

The Institute has well-developed sports facilities spread across its green campus to encourage both indoor and outdoor activities:

Outdoor Facilities:

- Standard football ground, volleyball, and badminton courts.
- Dedicated area for kabaddi, cricket practice nets, and athletics track.
- Yoga and meditation area with shaded pavilion, promoting physical and mental well-being.

Indoor Facilities:

- Table tennis, carrom, chess, and other board games.
- Multipurpose indoor hall for fitness activities, yoga sessions, and martial arts training.
- Space for indoor aerobic and zumba training for girls.

2. Physical Education Department

The Institute has a Physical Education Department managed by a qualified Physical Education Instructor, who regularly organizes coaching sessions, training camps, and fitness assessments. The department ensures gender-

sensitive participation and equal opportunity for all students, including those from SC/ST/OBC and differently-abled categories.

3. Annual Sports Events

The Institution conducts Annual Sports and Cultural Week, where students actively participate in various track and field events, indoor games, and inter-department competitions. Prizes and certificates are awarded to winners to encourage healthy competition and teamwork.

4. Participation and Achievements

- Students of the Institute have represented Kolhan University and other universities in inter-collegiate and inter-university tournaments.
- The Institute has produced district-level players in volleyball, athletics, and kabaddi.
- Regular participation in National Sports Day, International Yoga Day, and Fit India Movement is encouraged.

5. Health and Fitness Facilities

- Well-equipped gymnasium and fitness room with essential fitness tools.
- Regular yoga and meditation sessions for students and staff, emphasizing physical and emotional balance.
- First-aid and health check-up camps conducted in collaboration with local hospitals.

6. Inclusive and Sustainable Sports Culture

Special attention is given to girls' participation and differently-abled students, ensuring accessibility and safety. Students are motivated to participate in eco-friendly sports initiatives, including plantation drives and fitness awareness campaigns.

7. Support and Guidance

The Director and Principal provide continuous encouragement for expanding sports activities. The Institute is also working toward establishing collaborations with recognized sports academies and local sports authorities for training and scholarships.

SPORT FACILITIES



The Institute for Education not only nurtures academic excellence but also inspires its students to develop leadership, teamwork, and discipline through sports and physical education. Sports are integral to the Institute's mission of creating physically fit, mentally strong, and socially responsible citizens.



Signature

(Principal)

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