



INSTITUTE FOR EDUCATION

Recognized by NCTE, Bhubaneswar under Kolhan University,
Chaibasa, Jharkhand

Vill.: Bijay, P.O.: Sini, District: Seraikella-Kharswan, Jharkhand – 833220



WOMEN DEVELOPMENT CELL

Composition of the Committee

Chairperson-

Dr. Sweety Sinha (Principal)

Member-

Ms. Suman Kumari(Dean, Student Welfare)

Mrs. Sharabani Mukherjee (IQAC Coordinator)

Mrs. Namrata Srivastava (Member)

Mrs. Priyanka kumari

VISION & MISSION

VISION

- To create a gender-inclusive environment that empowers women through education, awareness, and opportunities, fostering a community of equality, respect, and holistic development.

MISSION

- ❑ To promote gender sensitization and awareness about women's rights among students and staff.
- ❑ To create a safe and supportive environment for addressing issues related to women's welfare.
- ❑ To encourage leadership and skill development in women, enabling them to achieve personal and professional growth.
- ❑ To collaborate with stakeholders and organizations to conduct workshops, seminars, and initiatives on gender equity and empowerment.
- ❑ To address grievances (online/offline) and provide guidance to ensure the well being of women on campus.
- ❑ To make the girls a good mother, daughter, daughter-in-law as well as good citizen.

INTRODUCTION OF WOMEN DEVELOPMENT CELL

This Women Development Cell is a unique and very important for our girl students.

The Institute For Education is creating awareness about gender equality and women's rights through women development cell. The main moto of this women development cell is to make every girl student confident, mental and physical, strength, and independent. Foster leadership, a good teacher and career growth among women students and staff is the first work of the development cell. The women development cell is not only make the girl student a good confident teacher but also a good human being. Cell is providing support systems for women face harassment or discrimination. Promoting women's health, wellness, and self confidence through lady doctors and psychologist.

In next phase since 2018 to 2023 I am presenting the work for upliftment and development of the women.

24/7 HELPLINE NUMBER FOR WOMEN STUDENTS ONLY

Women Development Cell of Institute For Education,
Seraikella is always a helpline for girl students and
women staffs.



Helpline No: 9031053703

Activities conducted during 2018 -19

Sl. No	Name of the Activity	Day
1	YOGA AWARENESS PROGRAM	13 TO 20 MAY, 2018
2	INTERNATIONAL YOGA DAY	21-06-2018
3	RANGOLI AND MEHNDI COMPETITION	25-08-2018
4	NSS BETI BACHAO DESHBACHAO PROGRAM (PAINTING COMPETITION)	25-09-2018
5	WOMEN EMPOWERMENT PROGRAM	19-11-2018
6	HEALTH AWARENESS CAMPAIGN	20-12-2018 TO 07-01-2019
7	SELF DEFENCE CUM MOTIVATION PROGRAM	02-02-2019
8	INTERNATIONAL WOMEN'S DAY(BLOOD DONATION CAMP)	08-03-2019
9	VOTING AWARENESS CUM FIREFIGHTER TRAINING	04-04-2019

REPORT ON YOGA AWARENESS WEEK:

DATE: 13-05-2018 TO 20-05-2018

योग जागरूकता अभियान
13 मई से 20 मई

हमारे महाविद्यालय 'इंडी-चूट और रघुकेशन' प्रांगण में 13 मई से 20 मई तक योग जागरूकता अभियान चलाया गया। इस अभियान के तहत योग का अर्थ एवं योग के शारीरिक, मानसिक, सामाजिक, आध्यात्मिक, आर्थिक, आरोग्य, आदि विभिन्न पहलुओं का लाभ बताते हुए व्याख्यान, प्रदर्शन, पोस्टर, बैनर, आदि विभिन्न माध्यमों से जागरूकता फैलाई गई। इस अभियान के तहत यह जागरूकता के माध्यम से लोगों में योग के महत्व के प्रति जागरूकता बढ़ाई गई।

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REPORT ON International Yoga Day

DATE: 21-06-2018

INTERNATIONAL
YOGA DAY

THEME : YOGA
FOR PEACE

अन्तराष्ट्रीय योग
दिवस

Date - 21 जून 2018

योग के अन्तराष्ट्रीय दिवस को विश्व योग दिवस
करी कर रहे हैं। के लिये विश्व योग दिवस को अन्तराष्ट्रीय
योग दिवस 21 जून को मनाया जायेगा। यह दिवस
राष्ट्र आग सभा में घोषित किया है। भारत में
योग लगभग 5000 हजार वर्ष पुरानी है।
मानसिक, शारीरिक और आध्यात्मिक प्रयास के
रूप में योग का विकास हुआ है। योग की उत्पत्ति प्राचीन
समय में भारत में हुई थी। जब लोग अपने
शरीर और दिमाग को जोड़ने के लिये योग
करते थे। विश्वभर में योग आन्दोलन
की शुरुआत शरीर और योग दिवस के
रूप में मनाये जाने की शुरुआत भारतीय प्रधानमंत्री
के द्वारा संयुक्त राष्ट्र को जमा सभा में हुई थी।
यह योग के लिये योग बहुत करीबी है
और अगर इसे सुबह-सुबह रोजाना करें तो सभी
के लिये लाभदायक साबित होगा। विश्व योग दिवस
21 जून को अन्तराष्ट्रीय दिवस पूरे विश्व भर
के लोगों के द्वारा 21 जून, बुधवार को मनाया
जायेगा।
मुख्य अतिथि
श्री आर. एन. मोहन्ती
(मिनिशक उस्तीद्वर और एजुकेशन)



BETI PADHAO BETI BACHAO PROGRAM

DATE – 25/09/2018

On September 25, 2018, the NSS Volunteer, Nandita Satpathy of Institute For Education, Seraikella, participated in Nss Beti Bachao Desh Bachao program in Ranchi.

On 25th September 2018, Khelgaon in Ranchi hosted a state-level event under the Beti Bachao Beti Padhao campaign, organized by the National Service Scheme (NSS). The program was aimed at raising awareness about the importance of saving and educating girls, highlighting gender equality, and promoting women's empowerment across the country.

The event was graced by various dignitaries, NSS volunteers, and participants from across the state. One of the key highlights of the program was the drawing competition, where students and NSS volunteers showcased their artistic skills while emphasizing the significance of the "Beti Bachao, Desh Bachao" movement.

Among the distinguished participants was Nandita Satpathy, an NSS volunteer, who actively participated in the drawing competition. Her artwork reflected the essence of the program—highlighting the crucial role of girls in shaping the future of the nation and urging society to protect and empower them. Nandita's participation in this event demonstrated her commitment to the cause and her creative approach to spreading awareness. The competition was part of a broader set of activities organized throughout the day, including speeches, cultural performances, and discussions on gender equality and women's rights. The event was a success in bringing together the youth of the state, engaging them in meaningful discussions, and encouraging them to take action towards creating a more equitable society.



REPORT ON WOMEN EMPOWERMENT PROGRAM

DATE: 19-11-2018

महिला सशक्तिकरण

सात दिवसीय विशिष्ट शिविर के अंतर्गत छठे दिन एन.एस.एस.एस. (NSS) UNIT-I के छात्र-छात्राओं ने महिला सशक्तिकरण प्रकरण को अपना विषय बनाया। इस देश में आधी आबादी महिलाओं की है, इसलिए देश को पूरी तरह से शक्तिशाली बनाने के लिए महिला सशक्तिकरण बहुत जरूरी है। महिला सशक्तिकरण का मतलब महिला की शक्ति से होता है। आज के समय में हर देश यही चाहता है कि उसके देश की महिला खुद अपनी रक्षा कर सके। अतः हम लोगों ने आस-पास के महिलाओं को उनके अधिकारों के बारे में बताया तथा महिलाओं को दी जाने वाली कानूनी अधिकारों तथा प्रावधानों का बोध कराया। ताकि वे अपने अधिकारों को पहचानें तथा अपनी शक्तियों से अवगत होकर सशक्त बनें और देश की अर्थव्यवस्था में पुरुषों के जितना अपना योगदान दे सकें।

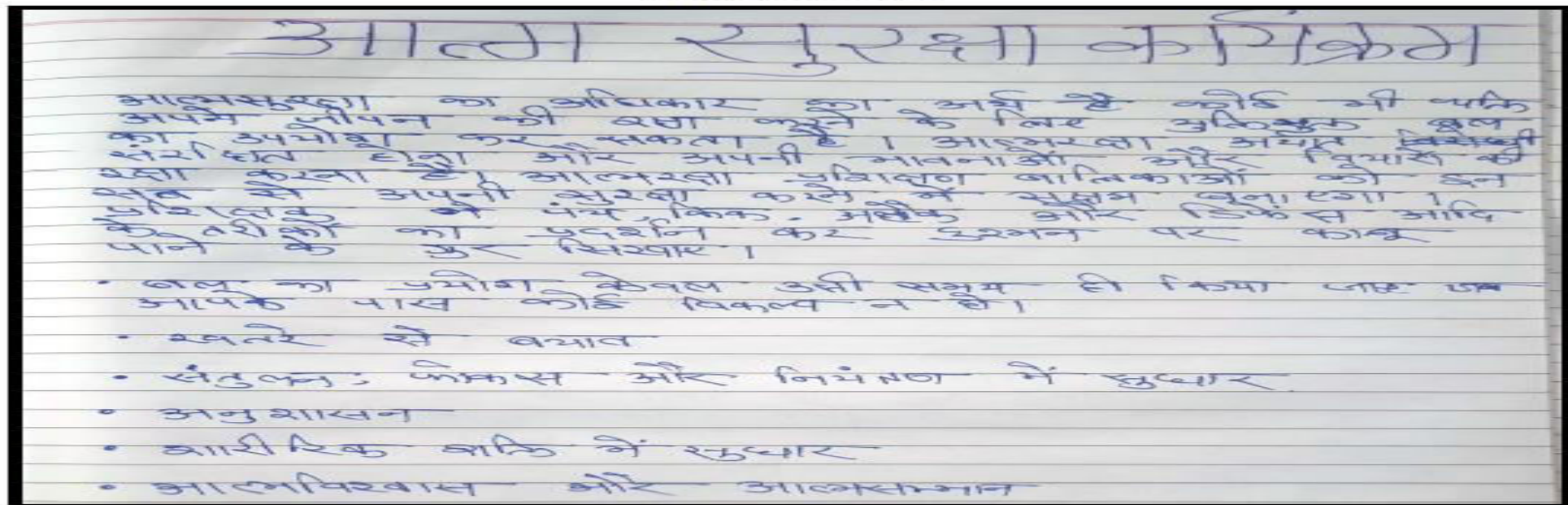


DATE: 20-12-2018 TO 07-01-2019



REPORT ON SELF DEFENCE CUM MOTIVATION PROGRAM on TET

DATE: 02-02-2019



कार्यशाला का आयोजन

आदित्यपुर, इंस्टीट्यूट फॉर एजुकेशन बीएड कॉलेज में आत्म रक्षा सह शिक्षक पात्रता परीक्षा की तैयारी पर कार्यशाला का आयोजन किया गया. कार्यक्रम में मुख्य अतिथि किशुक मोहंती उपस्थित थे. इस दौरान राजेश मोहंती ने आत्म रक्षा कैसे किया जाये, इसके बारे में विस्तार से जानकारी दी. सोना दास ने सीटीईटी व टीईटी की तैयारी के बारे में जानकारियां दी. ताकि छात्र भविष्य बीएड कर जीवन में सफलता हासिल सकें.



HEALTH CHECKUP CUM BLOOD DONATION CAMP ON INTERNATIONAL WOMEN'S DAY DATE – 08/03/2019

REPORT ON

HEALTH CHECKUP CUM BLOOD DONATION CAMP AND INTERNATIONAL WOMEN'S DAY

On March 8, 2019, the Institute For Education, Seraikella, Jharkhand organized a Health Checkup Cum Blood donation camp along with the celebration of International Women's Day in the multipurpose hall of Institute For Education, Seraikella.

The event aimed to promote health awareness and encourage students to contribute to society through blood donation.

The event was dedicated to celebrate International Women's Day, recognizing the achievements and contributions of women in various fields. Women's empowerment is crucial for the progress of any society, and this event served as a reminder of the need for gender equality, education, and better healthcare facilities for the women.

Thank You.



REPORT ON VOTING AWARENESS CUM FIREFIGHTER TRAINING PROGRAM

DATE: 04-04-2019

मतदान जागरूकता अभियान
सह
अग्नि सुरक्षा प्रशिक्षण

दिनांक :- 04-04-2019

हमारा मातल है कि दुनिया का सबसे बड़ा लोकतंत्र है और इस लोकतंत्र की सबसे बड़ी ताकत आम जनता है जिसे हम मतदाता भी कहते हैं। ये मतदाता ही हैं जो लोकतंत्र का अविरोध नहीं कर सकते हैं वही उन्हें हमारे मताधिकार के इन्सटीट्यूट और संरक्षक हैं। हम मतदान जागरूकता अभियान चलाया गया। इसके तहत मताधिकार के शिक्षक-शिक्षिकाओं के माध्यम से छात्रों में भी जागृता फैलाई। लोगों को मिलकर उन्हें मतदान के महत्व की समझाया गया। इसके साथ ही मताधिकार प्रशिक्षण के एक दिवसीय अग्नि सुरक्षा प्रशिक्षण का भी आयोजन किया गया। इस प्रशिक्षण में छात्रों के व्यवहार, विभाजन और काम की जाँच तथा उससे संबंधित जागरूकता के माध्यम से उन्हें सुरक्षा की जानकारी दी गयी। इस कार्यक्रम में अग्नि-कॉट नहीं समझा के नियमों के उद्देश्य से सभी को जागरूक किया गया।

विशिष्ट अतिथि

हस्ताक्षर

श्री. भार. एन. मोहंती

श्री किशु क मोहंती

श्रीमति स्वीदी दिग्हा

Shruti Sinha
4/4/19



**Activities conducted during
Academic Year 2019-20**

Sl. No.	Name of Activity	Date
1.	INTERNATIONAL YOGA DAY	21-06-2019
2.	SAWAN MILAN	09-08-2019
3.	DEWORMING DAY AND NUTRITION CAMPAIGN	04-09-2019
4.	NSS BETI BACHAO DESH BACHAO PROGRAM	20-01-2020
5.	INTERNATIONAL WOMEN'S DAY	08-03-2020

REPORT ON INTERNATIONAL YOGA DAY

DATE: 21st June 2019

INTERNATIONAL YOGA DAY

THEME : CLIMATE
ACTION

On 21st June 2019, International Yoga Day was celebrated in the college with great joy & enthusiasm. A huge participation was received from all students & teachers. The college believes that education does not mean mere imparting of knowledge or facts but it encompasses an all-round development of an individual. The college has been taking all initiatives to accomplish this. The celebration of International Yoga Day as declared by the United Nations was highly an exuberant event with the buoyant and enthusiastic participation of the large number of students. The heavy rains that lashed the city did not dampen the spirit of the students. The college organized a plethora of activities for students of all ages ranging from asanas, pranayama to Surya namaskar. The students stretched their arms, bent their legs, rolled their neck and twisted every sinew in their body with greater dexterity, in a spectacular synchronicity with English and Hindi instructions. Vrikshasana, Parvatasana, Padmasana, Vajrayana were the asanas, to name a few, performed on the occasion. The main attraction of the day was the performance of Surya Namaskar in which coordination of body and mind is very important.



REPORT ON DEWORMING DAY AND NUTRITION MONTH

DATE: 04-09-2019

कृमि मुक्ति दिवस एवं पोषण माह
04 - 09 - 19

विश्व भर में 836 मिलियन से अधिक बच्चों को परजीवी कृमि संक्रमण का जोखिम है। विश्व स्वास्थ्य संगठन के अनुसार भारत में 1.14 बिलियन की आबादी के लगभग 200 मिलियन बच्चे परजीवी कृमि के जोखिम में हैं।

हैलाहता: देश के बच्चे को कृमि मुक्ति करने के लिए स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार की एक पहल है, "सावित्र कृमि मुक्ति दिवस"।

एजुकेशन उस अक्सर पर इंस्टीट्यूट फॉर दिवस मनाया गया। साध-ही एक माह तक चलने वाले पोषण अभियान का शुभारंभ किया गया। साध-ही इस अवसर पर गौड़ लिये हुए आलू-नारियल पुर में सजोई की विचार-विमर्श तथा रेली निकालकर लोगों को कृमि से बचाव के जोखिम आहार के बारे में जानकारी दी गयी। इस मौके पर गहन विद्यालय के शिक्षकगण एवं एन.एस.एस. के कार्यकर्ता शामिल हुए।

मुख्य अतिथि
श्री आर. एन. माहानी
श्री किन्दुक माहानी
श्रीमती रवी सिन्हा

कृमि से बचाव के उपाय बताये गये

एडिल्टर, इंस्टीट्यूट फॉर एजुकेशन की ओर से एडिल्टर कृमि मुक्ति दिवस मनाया गया। इस दौरान एक पल तक चलने वाले पोषण अभियान का शुभारंभ किया गया। साध-ही कार्यक्रमों, विचार-विमर्श व गेद लिये गये बच्चों से रेली निकालकर लोगों को कृमि से बचाव के उपाय आहार के बारे में जानकारी दी गयी। इस मौके पर गहन विद्यालय के शिक्षकगण व एन.एस.एस. के कार्यकर्ता शामिल हुए।

वीएड कॉलेज में विश्व कृमि दिवस मनाया गया

एडिल्टर, इंस्टीट्यूट फॉर एजुकेशन वीएड कॉलेज में विश्व कृमि दिवस मनाया गया। साध-ही कार्यशाला का आयोजन किया गया, जिसके माध्यम से स्वास्थ्य व परिवार कल्याण मंत्रालय के आदेशानुसार बच्चों को कृमि से मुक्ति के लिए दवा खिलाने की जानकारी दी गयी।

REPORT ON BETI PADHAO BETI BACHAO PROGRAM

DATE: 18-01-2020

बेटी बचाओ बेटी पढ़ाओ
अभियान

20/01/2020

बेटी बचाओ बेटी पढ़ाओ की शुरुआत प्रधान
मंत्री ने 22 जनवरी 2015 को पानीपत, हरियाणा
में की थी।

बेटी बचाओ बेटी पढ़ाओ योजना से पूरे
जीवन-काल में शिक्षा, लिंग, अनुपात में नमी को
संकेत में मदद मिलती है और महिलाओं के
एम्पावरिंग से जुड़े मुद्दों का समाधान होता है।
यह योजना तीन मंत्रालयों द्वारा कार्यान्वित की
जा रही है अर्थात् महिला और बाल विकास मंत्रालय,
स्वास्थ्य परिवार कल्याण मंत्रालय तथा आन्तरिक
संसाधन मंत्रालय।

इस योजना का मुख्य उद्देश्य बच्चों के
अस्तित्व को बचाना तथा शिक्षा के साथ-साथ अन्य क्षेत्रों
में आगे बढ़ना।

इस अवसर पर इंस्टीट्यूट फॉर एजुकेशन,
महा-विद्यालय के सभी छात्रों तथा शिक्षकों का एन.एस.एस.
कार्यक्रम का आयोजन कर सिकर के ग्राम में बेटी
बचाओ बेटी पढ़ाओ अभियान के तहत रैली का
आयोजन को जागरूक किया। इस आयोजन के तहत
बेटी की सुरक्षा व शिक्षा के महत्व के बारे में भी
आज्ञा की जा सकती शिक्षकों एवं छात्रों ने भी।

मुख्य अतिथि

श्रीमती स्वीटी सिन्हा

श्री किंशुक माहान्दी

श्रीमती स्वीटी सिन्हा



REPORT ON INTERNATIONAL WOMEN'S DAY

DATE: 08-03-2020

INTERNATIONAL WOMEN'S DAY

**THEME: I AM
GENERATION EQUALITY:
REALIZING WOMEN'S
RIGHT**

The Women Development Cell of the Institute for Education organized a meaningful celebration on International Women's Day (08-03-2020) at the adopted village Narayanpur (Nilmohanpur). The students, guided by faculty members, visited the village to raise awareness among local women about crucial health topics such as hygiene, nutrition, and family welfare. They also conducted sessions on women's empowerment, focusing on education, economic independence, and legal rights.

To create a lively and engaging atmosphere, the event also featured cultural programs, including songs, dances, and skits that highlighted the strength and resilience of women in society. Through these activities, the students and community members fostered a sense of unity and solidarity, emphasizing the importance of supporting women in their journey toward better health and empowerment. The event was a successful initiative that not only educated but also inspired the women of the village.



Activities conducted during Academic Year 20-21

Sl. No.	Name of Activity	Date
1.	INTERNATIONAL YOGA DAY(ONLINE)	21-06-2020
2.	ONLINE SAWAN MILAN	01-08-2020
3.	INTERNATIONAL WOMEN'S DAY (WEBINAR)	08-03-2021
4.	MENSTRUAL HYGENE MANAGEMENT AWARENESS PROGRAM	31-05-2021

INTERNATIONAL YOGA DAY- ONLINE, 21-06-2020

INTERNATIONAL YOGA DAY

THEME : YOGA FOR
HEALTH - YOGA AT HOME

REPORT ON INTERNATIONAL YOGA DAY ONLINE PROGRAM

Date: 21st June 2020

Platform: GOOGLE MEET

Duration: 60-90 minutes

International Yoga Day is celebrated annually on June 21st to raise awareness about the benefits of yoga and promote its practice worldwide. The theme for International Yoga Day 2020 was "Yoga for Well-Being," focusing on mental and physical health during the challenging times of the COVID-19 pandemic. Due to the ongoing restrictions and safety measures, the celebration of Yoga Day in 2020 was organized as an online program, making it accessible to people globally. The virtual event allowed individuals from various parts of the world to participate, engage, and experience the physical and mental benefits of yoga from the comfort of their homes.

Yoga Session: A special yoga session led by expert instructors was organized to teach participants various yoga postures (asanas) and breathing exercises (pranayama). The session was designed to cater to people of all levels – from beginners to advanced practitioners. It focused on stress management, flexibility, strength-building, and mindfulness.

The session included:

- **Warm-Up Exercises:** To prepare the body for the yoga practice.
- **Asanas:** A variety of asanas (such as Tadasana, Bhujangasana, Trikonasana, etc.) were demonstrated, focusing on different muscle groups.
- **Pranayama:** Breathing techniques such as Kapalbhata and Anulom Vilom were practiced to enhance lung capacity and improve mental clarity.
- **Meditation:** A brief meditation session was held at the end to calm the mind, foster mental peace, and enhance focus.

Challenges:

- **Technical Issues:** Some participants faced issues with internet connectivity or technical difficulties, as the event was held online.



SAWAN MILAN

01-08-2020

REPORT ON SAWAN MILAN ONLINE PROGRAM

Organized by: Institute for Education

Date: 01-08-2020

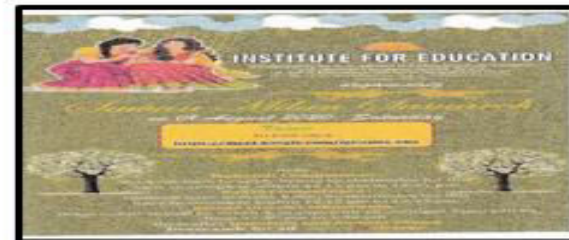
Platform: GOOGLE MEET

Introduction: The Women Development Cell of Institute For Education, Seraikella, organized an exciting Online Sawan Milan Program to celebrate the traditional Sawan festival, a time for joy and cultural expression. The program included two major competitions—Mehendi (Henna) and Sawan Song—engaging participants and creating an atmosphere of celebration. Despite being held virtually, the event successfully brought together students and faculty to share in the festive spirit and showcase their talents.

Event Highlights:

- 1. Inaugural Session:** The program started with a welcome speech by the event coordinator, who highlighted the significance of the Sawan festival and the importance of cultural activities in enhancing the community spirit.
- 2. Mehendi Competition:** The Mehendi competition was a highlight, where participants showcased their creativity and artistry in designing intricate henna patterns. Contestants had a specific time limit to apply their designs, and they were judged based on creativity, neatness, and originality.
- 3. Sawan Song Competition:** The Sawan Song competition involved participants singing popular songs related to the Sawan festival, including devotional songs, folk songs, and regional melodies that celebrate the season.
- 4. Virtual Participation:** Due to the online format, participants and audiences joined the program from different locations, allowing for a diverse and inclusive celebration.

This brief report summarizes the key elements of the Online Sawan Milan Program, emphasizing the Mehendi and Sawan Song competitions that brought festive cheer to the Institute for Education.



INTERNATIONAL WOMEN'S DAY

08-03-2021

INTERNATIONAL WOMEN'S DAY

**THEME: WOMEN IN
LEADERSHIP –
ACHIEVING AN
EQUAL FUTURE IN A
COVID-2019 WORLD**

REPORT ON INTERNATIONAL WOMEN'S DAY

DATE: 08-03-2021

On March 8, 2021, a webinar was organized on the occasion of International Women's Day. In the midst of the lockdown session, it was really important to congratulate and honour the women power. Institute for Education celebrated the women's day in the presence of R. D. Forkaag, General Practitioner from Auckland, New Zealand, Mrs. Dr. Suma Tangri and Dr. Shukla Mohanty. Dr Suma Tangri encouraged everyone by giving a motivational address on the empowerment and development of women dr Shukla Mohanty former Vice Chancellor of Kolhan University as a special guest on the occasion encouraged the women and said that by staying at home women cooperate freely and selflessly in the development of the country and society the webinar inspired women to go ahead and make efforts to make their rights and their identity.



The program was coordinated by college Asst. Prof. Mrs Shrivani Mukherjee. B.Ed. students of Institute For Education were present in this webinar. The objective to conduct this program was, to aware everybody of the dedication and sacrifice a woman gives for her family and the country and to honour all the women around the world specifically the women students of Institute For Education the respect they deserve.

The program was concluded with the vote of thanks by the college secretary Mrs. Dr. Sweety Sinha.

MENSTRUAL HYGIENE MANAGEMENT AWARENESS PROGRAM

31-05-2021

REPORT ON MENSTRUAL HYGIENE MANAGEMENT AWARENESS PROGRAM

DATE: 31-05-2021

इंस्टीट्यूट फ़ॉर एडुकेशन
सराईकेला

आज दिनांक 31.05.2021 को
झारखण्ड सरकार द्वारा मेंस्टुरल हाइजीन मैनेजमेंट
(Menstural Hygiene Management) जागरूकता
अभियान की गई है जिसका मूल स्लोगन " चुप्पी तोड़ो - स्वस्थ
रहो' है।

इसी अभियान के अंतर्गत राष्ट्रीय सेवा योजना की झारखंड इकाई
एवं यूनीसेफ, झारखण्ड के संयुक्त तत्वावधान में महिलाओं एवं
छात्राओं के स्वास्थ्य को ध्यान में रखते हुए एक ओरिएन्टेशन
कार्यक्रम जूम लिंक के माध्यम से आयोजित किया गया ,यह
कार्यक्रम केवल महिलाओं के लिए थीं।

इस कार्यक्रम में इंस्टीट्यूट फ़ॉर एडुकेशन के महिला स्वम
सेविकाओं ने बढ़ चढ़ कर हिस्सा लिया। कॉलेज की तरफ से
प्रो.क्षमता कुमारी ने की इस कार्यक्रम का नेतृत्व किया।

21:10

ACTIVITIES DURING ACADEMIC YEAR 21-22

Activities conducted during A.Y 21-22

Sl. No.	Name of Activity	Date
1.	INTERNATIONAL YOGA DAY	21-06-2021
2.	SAWAN MILAN SAMAROH	14-08-2021
3.	RAKHI COMPETITION	20-08-2021
4.	SANITARY NAPKIN AND DISPOSAL MACHINE AWARENESS PROGRAM	02-02-2022
5.	HAIRDRESSING COMPETITION	05-02-2022
6.	INTERNATIONAL WOMEN'S DAY	08-03-2022

INTERNATIONAL YOGA DAY

21-06-21

REPORT ON INTERNATIONAL YOGA DAY

Date: 21st June 2021

Organized by: Women Development Cell

Venue: Multipurpose Hall, Institute for Education

On June 21, 2021, the Institute for Education, in collaboration with the Women Development Cell, celebrated International Yoga Day in the Multipurpose Hall, for B.Ed students. This event marked the first major gathering after the COVID-19 lockdown and aimed to promote physical and mental well-being through yoga.

The session was led by a certified yoga instructor, guiding participants through various asanas, breathing exercises (pranayama), and meditation. The theme for the day was "Yoga for Well-being," aligning with global efforts to highlight yoga's benefits in maintaining a healthy lifestyle.

The principal addressed the gathering, emphasizing the importance of yoga in stress management, particularly after the challenges posed by the pandemic. Additionally, the Women Development Cell inaugurated a Yoga Club to encourage regular practice among students.

Strict COVID-19 safety protocols were followed, including social distancing, temperature checks, and the provision of sanitizers. The event successfully provided an opportunity for participants to reconnect and focus on their health and well-being.

SAWAN MILAN

14-08-2021

REPORT ON SAWAN MILAN SAMAROH

DATE: 14-08-2021

सावन * मिजन
14-08-2021

आज हमारे महाविद्यालय प्रांगण में सावन मिलन का उत्सव मनाया गया।
हमारे देश की परंपराओं में हमेशा ईश्वर से जुड़ी है, फिर आगे उसके दिन का त्योहार ही ना महीने भर का जश्न। सावन का महीना लोगों में जोड़ा व डर डरा है। यह महीना लोगों में जोड़ा, हरियाली एवं खुशहाली का प्रतीक है। सावन का महीना प्यारी कसियों को अपनी जमी से बुराई बाखी का अपनाने करने का उत्सव पड़ाने करता है। जहाँ और हरियाली से ऐसा लगता है कि प्रकृति अपना अंश कर रही हो। सुहागिनी इसी सुदियों एवं सोलह अंगूर कर सावन का स्वागत करता है। इस महीने में जिन की पुला एवं झूलों का विशेष महत्व है। सावन में ही माई-वहन का पवित्र त्योहार रक्षाबंधन मनाया जाता है।

जब हवाओं में हो खुशियाँ
हर तरफ दिखे अब हरियाली।
हवा यहाँ अब मतवाली
समझे कि सावन आ गया ॥

मुख्य अतिथि
श्रीमती स्वीटी सिन्हा
(साचिव, इस्वीहूट और एनुक्सेशन)

हस्ताक्षर
Shruti Sinha



RAKHI COMPETITION

20-08-2021

REPORT ON RAKHI COMPETITION

DATE: 20-08-2021

To promote creativity and art amongst school children IFE recently organized a Rakhi Making Competition. The competition was organized in a school of village, adopted by Institute For Education. The participation was very encouraging.

The competition was an initiative by the college to promote the creativeness among students and saying no to plastic. Students were asked to bring some paper and waste materials to make and decorate rakhis with them.

The Student Teachers of Institute for Education, Seraikella acted as an integral part of this activity as they had to help the students with the presentation and designing of the Rakhis. Students had brought complete materials from their home to present the beautiful art and creations. This activity showcased the perfect bond between the school students and B.Ed. student teachers of IFE. It was indeed a special day for our students as they got an opportunity to make some memories with the school students of the village and learned so much about the bond they had with their brothers.



USE OF SANITARY NAPKIN AND NAPKIN DISPOSAL MACHINE

02-02-2022

REPORT ON ONE DAY WORKSHOP ON “USE OF SANITARY NAPKIN AND NAPKIN DESTROYING MACHINE”

DATE: 02-02-2022

A one-day workshop on the use of sanitary napkin and napkin destroyed machine was organized in the multipurpose hall of Institute for education on 02-02-2022. The activity to learn about the use of sanitary napkins would involve a comprehensive explanation of how to properly use a sanitary pad, including demonstrating how to attach it to underwear, when to change it based on flow, and the correct disposal method, while also addressing any concerns or questions related to menstruation and hygiene.

The chief guest of the program was the Secretary of the college, Dr. Sweet Sinha. She explained that sanitary napkin disposal machine is a personal hygienic product the automatic disposal machine used to dispose the sanitary napkin completely, it also protects women from bacterial disease and infection. It is mostly installed in school and college hospitals offices public places etc the sanitary napkin disposal machine comes in various dimensions and specifications. The automatic machine easily burns large number of century napkin and it's also providing smell free burning.

The program was coordinated by Asst. Prof. Shravani Mukherjee of the college. A number of female students were present in the program.

सेनेटरी नैपकिन और नैपकिन डिस्ट्रॉय मशीन के उपयोग पर एक दिवसीय कार्यशाला आयोजित



गणपतिपूजा समारोह
समयबद्धता : समयबद्धता अंशक
के समारोह प्रसंग में आयोजित किया
गया। स्थिति ईस्टीमेट फॉर
एजुकेशन महाविद्यालय में सेनेटरी
नैपकिन और नैपकिन डिस्ट्रॉय
मशीन उपयोग करने की लेकर एक
दिवसीय कार्यशाला का आयोजन
किया गया। कार्यशाला में सेनेटरी
नैपकिन के डिस्ट्रॉय मशीन से कैसे

निकाले और नैपकिन की डिस्ट्रॉय
करने के लिए मशीन का कैसे
उपयोग उपयोग करें इसकी विस्तृत
जानकारी दी गई। बताया गया
कि यह पर्यावरण सुरक्षा की दृष्टि
से काफी लाभप्रद है। छात्राओं
को बताया गया कि मशीन से
सेनेटरी नैपकिन का डिस्ट्रॉय
स्वच्छता की दृष्टि से काफी
सहजपूर्ण है, इसके लिए सदा

जागरूक रहें। इस मौके पर सभी
प्रतिभागियों के बीच सेनेटरी
नैपकिन वितरण किया गया।
कार्यशाला की मुख्य अतिथि
संस्थान की सचिव डॉ. स्वीटी
सिन्हा रही। जबकि प्राध्यापिका
मुख्याधी और सुमन कुमारी की
अध्यक्षता में कार्यशाला संपन्न
किया गया। मौके पर काफी
संख्या में छात्राएं उपस्थित रही।

HAIRDRESSING ACTIVITY

05-02-2022

REPORT ON HAIRDRESSING ART ACTIVITY

Date: 05-02-2022, Saturday

Place: Institute For Education, Seraikella.

Name of the Activity: Hairdressing Competition

Venue: Multipurpose Hall, IFE.

Time: 11:30 AM to 01:00 PM

Panel of Judges: - Ms. Suman Kumari & Mrs. Indu Kumari

Rules and regulations:

- Hair design should be creative and unique.
- Time duration to complete the art will be one & half hour. No extra time will be provided.
- Judging will be based on overall appearance, creativity and design.

The Hairdressing Competition for B.Ed. students saw active participation from 14 contestants. One of the most highly anticipated events in Institute For Education is the Hairdressing Competition. Through creative and imaginative hairstyles, the event sought to highlight the richness and beauty of Indian culture and knowledge systems. About 14 students enthusiastically entered the competition and showed off their hairstyling power and inventiveness. The event witnessed a remarkable level of enthusiasm and talent from the participants, making it a highly engaging and entertaining experience for everyone involved. After careful evaluation by the panel of judges, the winners of the Hair Style Competition were announced. The top three positions were awarded.



INTERNATIONAL WOMEN'S DAY

08-03-2022

REPORT ON INTERNATIONAL WOMEN'S DAY

DATE: 08-03-2022

अन्तराष्ट्रीय महिला दिवस

हर वर्ष विश्व भर में 8 मार्च को अन्तराष्ट्रीय महिला दिवस मनाया जाता है। हर साल अन्तराष्ट्रीय महिला दिवस किसी न किसी विषय पर आधारित होता है और इस बार का विषय है - एक सुचारु कल के लिए आज लैंगिक समानता जरूरी। और भले ही आज दुनिया के तमाम देश और हमारा समाज अधिक जागरूक है लेकिन महिलाओं के अधिकारों और एक की लड़ाई अभी भी जारी है कई मामलों में महिलाओं को आज भी समान सम्मान और अधिकार नहीं मिले हैं। महिलाओं के इन्हीं अधिकार सम्मान के लिए समाज को जागरूक करने के उद्देश्य से हर साल अन्तराष्ट्रीय महिला दिवस मनाया जाता है।

मुख्य अतिथी:-

डॉ० स्वीटी सिन्हा

हस्ताक्षर

Shweta Sinha
8/3/22

ACTIVITIES IN 2022-23

Activities conducted during A.Y 22-23

Sl. No.	Name of Activity	Date
1.	INTERNATIONAL YOGA DAY	21-06-2022
2.	SAWAN MILAN SAMAROH	23-07-2022
3.	PREGNANT WOMEN AWARENESS CAMP	09-09-2022
4.	QUIZ COMPETITION ON HINDI DIWAS	14-09-2022
5.	SHARDIYA UTSAV	26-09-2022
6.	WOMEN CHECKUP AND CLEANLINESS WORKSHOP	31-01-2023
7.	SANITARY NAPKIN AND DISPOSAL MACHINE AWARENESS PROGRAM	02-02-2023
8.	FOOD MAKING COMPETITION	04-03-2023
9.	INTERNATIONAL WOMEN'S DAY	08-03-2023

INTERNATIONAL YOGA DAY

**THEME : YOGA FOR
HUMANITY**

INTERNATIONAL YOGA DAY

21-06-2022

REPORT ON INTERNATIONAL YOGA DAY

DATE: 21-06-2022

The Institute for Education, under the guidance of the Women Development Cell, celebrated International Yoga Day on June 21, 2022, in the college's Multipurpose Hall. The event was specifically organized for the B.Ed students to promote physical fitness, mental clarity, and overall well-being through yoga.

The day's celebration began with a formal welcome, followed by a yoga session conducted by a certified yoga instructor. Students and faculty participated in a variety of yoga postures (asanas) such as Tadasana, Vrikshasana, Bhujangasana, and Padmasana, along with breathing exercises (pranayama) to help improve concentration, flexibility, and reduce stress.

A special address was delivered by the Principal of the Institute, who spoke about the significance of yoga in today's fast-paced world. She emphasized how yoga can serve as a tool to cope with the academic pressures and daily challenges faced by students, particularly during stressful periods like exams.

Post the yoga session, an interactive discussion was held, where participants shared their experiences with yoga and its positive impact on their health and well-being. The session fostered an open dialogue, allowing attendees to reflect on how incorporating yoga into their daily routine had improved their overall lifestyle, especially in terms of mental health.

As part of the celebrations, the Women Development Cell also launched a new initiative – a Yoga Club. The club aims to provide a platform for students to practice yoga regularly and receive training in various techniques. The initiative is expected to promote long-term health benefits among the students and create a sustainable yoga culture within the campus.

In adherence to COVID-19 safety protocols, the event ensured social distancing, temperature checks, and sanitation facilities for all participants. The seating arrangement in the Multipurpose Hall was carefully organized to maintain safety standards while ensuring that everyone could participate comfortably.



SAWAN MILAN- 23-07-2022

REPORT ON SAWAN MILAN SAMAROH

Date: 23-07-2022

Sawan Milan Samaroh was organized on 26th July 2022 by Institute For Education, Seraikella in the Multipurpose Hall of the college.

The program started with lighting the lamp by the chief guest, Director of IFE, MR. R. N. Mohanty, Secretary, Dr. Sweety Sinha and the college faculty. In the same day Mehendi Competition was also organized for the students of B.Ed.

The students were given one and a half hour for Mehndi competition and later were awarded for the first second and third prize. The Mehndi competition and Sawan Mohatsa was concluded by the vote of thanks by the students of B.Ed.



AWARENESS PROGRAM FOR PREGNANT WOMEN

09-09-2022

REPORT ON PREGNANT WOMEN AWARENESS PROGRAM

DATE: 09-09-2022

A healthy woman can give birth to a healthy child. Every woman needs special care and nutrition during pregnancy. To make people aware of all this, a health camp and awareness program was organized at 1:30 pm in our College Institute for Education regarding registration of pregnant women, regular checkup, nutrition education and Janani Suraksha.

Through this programme, information was given about diabetes, high blood pressure, blood test, urine test, regular checkup of pregnant women, and food and drink as per doctor's advice. Pregnant women were encouraged to have institutional delivery. The obstetrician doctor and other health workers present at the programme provided information on health care and safe pregnancy. They also provided information on awareness programmes for pregnant women run by the government which include Pradhan Mantri Surakshit Matritva Abhiyan, Godh Bharai Programme, Poshan Abhiyan, etc. He also informed that every mother is provided with prenatal care facilities at government health centres on the 9th.

In this program, the chief guest was Professor Shukla Mahanti ma'am, our college's director Mr. R.N. Mahanti Sir and Principal Madam Dr. Sweety Sinha ma'am. All the teachers and students of the college were present in this program. This program was concluded at 3:00 pm by thanking the chief guests and trained specialist doctors and health workers.



QUIZ COMPETITION ON HINDI DIWAS

14-09-2022

REPORT ON QUIZ COMPETITION ON HINDI DIWAS

Date: 14th September, 2022

Institute for education with the arrangement of women development cell organized a quiz competition on 14th September 22 on the occasion of Hindi Diwas. The quiz competition comprised of four groups of the students of B.Ed. Semester 1 and 3. The four groups were given three rounds of individual questions and one last rapid round. The quiz competition was judged by Assistant professor Mrs. Shravani Mukherjee and Assistant professor Miss Suman Kumari. The competition was successfully concluded by Secretary, Dr. Sweetie Sinha at the end of the competition the group's first, second and third positions were awarded.



SHARDIYA UTSAV

26-09-2022

REPORT ON SHARDIYA UTSAV

Date: 26TH September, 2022

Institute for education with the arrangement of women development cell organized Shardiya Navratri Utsav on 26th September 2022. The Shardiya Utsav was celebrated with the students of B.Ed. Semester 1 and 4. The program started with lighting lamp by the Director Mr. R. N. Mohanty, Secretary Dr. Sweety Sinha and the college faculty members. The program included various avatars of Devi Durga showing the power of women. Students also gave speech and cited poems. The whole program was dedicated to Women and the students even participated enthusiastically. The program was concluded by the vote of thanks of a students of B.Ed. semester 4.



WORKSHOP ON HYGIENE AND HEALTH CHECKUP

FOR WOMEN

31-01-2023

REPORT ON WOMEN CHECKUP AND CLEANLINESS WORKSHOP

Date: 31st January 2023

Organized by: Women Development Cell, Institute for Education College

On 31st January 2023, the Women Development Cell of the Institute for Education College organized a **Women Checkup and Cleanliness Workshop** aimed at promoting health awareness and hygiene among women. The event was held in the college premises and was attended by students, faculty members, and local community women.

Objectives of the Workshop

- To raise awareness about the importance of regular health checkups for women.
- To educate about maintaining personal hygiene and cleanliness.
- To provide a platform for women to learn about common health concerns and preventive measures.

Highlights of the Workshop

1. **Health Checkups:** A team of medical professionals conducted free health checkups, including basic screenings like blood pressure, blood sugar levels, and general health assessments. They also provided consultation and advice on common health issues faced by women.
2. **Cleanliness and Hygiene Sessions:** Experts conducted interactive sessions on personal hygiene, menstrual health, and the importance of maintaining cleanliness to prevent infections. Practical tips were shared on maintaining hygiene at home and work, including the use of sanitary products and cleanliness habits.
3. **Interactive Discussions:** The workshop included open discussions where participants shared their concerns and queries about women's health. Health experts addressed these concerns, emphasizing preventive healthcare and maintaining a balanced lifestyle.

Outcome of the Workshop

The workshop successfully educated attendees on the importance of regular health checkups, personal hygiene, and cleanliness. Many participants expressed appreciation for the initiative, highlighting how it helped raise awareness about often-overlooked health issues and reinforced the significance of self-care.

The Women Development Cell aims to continue such initiatives to empower women with the knowledge and resources they need for better health and hygiene.

AWARENESS PROGRAM FOR THE USE OF SANITARY NAPKIN DISPOSAL MACHINE

02-02-2023

REPORT ON SANITARY NAPKIN AND DISPOSAL MACHINE AWARENESS PROGRAM

Date: 2nd February 2023

Organized by: Women Development Cell, Institute for Education

On 1st February 2023, the Women Development Cell of Institute for Education organized a **Sanitary Napkin and Disposal Machine Awareness Program** to raise awareness about menstrual hygiene management and the proper disposal of sanitary products. The event was conducted in the college premises, with the participation of students, faculty members, and local women.

Objectives of the Program

- To raise awareness about menstrual health and the importance of using sanitary napkins.
- To educate participants on the proper disposal of sanitary napkins and the role of disposal machines.
- To promote eco-friendly and hygienic solutions for menstrual waste disposal.

Key Highlights of the Program

1. **Awareness Session on Menstrual Health:** Experts conducted an informative session on menstrual health, emphasizing the importance of using hygienic sanitary products and maintaining personal cleanliness during menstruation. The session aimed to break taboos surrounding menstruation and encourage open discussions.
2. **Introduction to Sanitary Napkin Disposal Machines:** The program featured a demonstration of sanitary napkin disposal machines, explaining their role in providing an eco-friendly solution for the safe and hygienic disposal of used sanitary napkins. Participants were shown how to use these machines effectively and the benefits they bring to maintaining cleanliness and reducing environmental impact.
3. **Interactive Discussions and Q&A:** The program included an interactive session where attendees could ask questions about menstrual hygiene, disposal techniques, and the importance of sustainable practices. Experts provided detailed answers and practical advice on proper disposal and the use of disposal machines.
4. **Distribution of Information and Samples:** Educational brochures on menstrual hygiene and the use of sanitary napkin disposal machines were distributed to participants. A few samples of eco-friendly sanitary products were also provided to encourage participants to make informed choices.

Outcome of the Program

The program successfully increased awareness about the importance of menstrual hygiene and the proper disposal of sanitary products. Many attendees expressed gratitude for the practical knowledge shared, particularly regarding the use of disposal machines, which was a new concept for many.

The Women Development Cell continues to focus on promoting health and hygiene among women, aiming to provide accessible solutions to common challenges.

FOOD MAKING COMPETITION

04-03-2023

REPORT ON FOOD MAKING COMPETITION

Date: 4th March, 2023

To promote healthy eating habits amongst school children your school recently organized a FOOD MAKING COMPETITION. The competition was opened to all the students of B.Ed. The participation was very encouraging.

The competition was an initiative by the college teachers to promote eating healthy wholesome meals and saying no to junk food. Students were asked to bring some home-cooked healthy food in their tiffin and to speak about its nutritional facts.

Teachers acted as an integral part of this activity as they had to help the students with the presentation and dining layout of the food. Students had brought complete materials (like table mats, spoons, table napkins, etc.) from their home to present the delicious food made by themselves. This activity showcased the perfect bond between students. It was indeed a special day for our students as they got an opportunity to make some memories with each other in their school and learned so much about eating healthy home cooked meals for a healthy body.




INTERNATIONAL WOMEN'S DAY

08-03-2023

REPORT ON INTERNATIONAL WOMEN'S DAY

DATE: 08-03-2023

 **इंस्टीट्यूट फॉर एजुकेशन**
विजय, सरायकेला झारखंड
Recognised by NCTE (ERC) & Affiliated to Kolhan University, Chaibasa

अंतराष्ट्रीय महिला दिवस

दिनांक - 08.03.2023

महिलाओं का केवल एक दिन सम्मान न हो महिलाएं तो हर दिन पूजनीय हैं। एक महिला एक बेटी से लेकर एक मां तक का सफर तय करती हैं। महिलाओं के इन सभी रूपों को सम्मानित करने के लिए हर वर्ष 8 मार्च को अंतराष्ट्रीय महिला दिवस मनाया जाता है। इंस्टीट्यूट फॉर एजुकेशन में भी महिलाओं के सम्मान में महिला दिवस का कार्यक्रम आयोजित किया गया। कार्यक्रम की शुरुआत 1:00 बजे तक चला प्रधानाचार्य महोदय डॉ. स्वीटी सिन्हा नेम एवं महाविद्यालय के सभी शिक्षक शिक्षिकाओं द्वारा दीप प्रज्वलन के साथ किया गया। इसके बाद छात्र छात्राओं द्वारा रंगारंग कार्यक्रम किया गया, कार्यक्रम में हमारे देश को आज़ाद करने से लेकर अब तक के महिलाओं के योगदान को दर्शाया गया। जिसमें झांसी की रानी, मदर टेरेसा, सावित्री बाई फूले, वकील सीमा कुशवाहा आदि थे। इस कार्यक्रम में मंच का संचालन सेमेस्टर 3 के छात्र ने किया।

इस कार्यक्रम की कार्य सूची निम्न प्रकार से है:

- 1 नाट्य प्रस्तुति- प्रिया एवं युष
- 2 डांस-स्वाति एवं युष
- 3 भाषण-निरुपमा
- 4 कविता- मंषी महतो
- 5 मंच संचालन- राहुल डोगरा
- 6 धन्यवाद ज्ञापन- लवली महतो

कार्यक्रम का समापन 3:00 बजे धन्यवाद ज्ञापन के साथ की गई।



ACTIVITIES IN 2023-24

Activities conducted during A.Y 23-onwards

Sl. No.	Name of Activity	Date
1.	INTERNATIONAL YOGA DAY	21-06-2023
2.	INTERNATIONAL GIRL CHILD DAY	11-10-2023
3.	SHARDIYA UTSAV	17-10-2023
4.	CARRIER DEVELOPMENT AND PERSONALITY DEVELOPMENT	08-11-2023
5.	INTERNATIONAL WOMEN'S DAY	08-03-2024
6.	WOMEN'S HEALTH AWARENESS DAY	11-03-2024
7.	FOOD MAKING COMPETITION	24-03-2024
8.	FREE GYNAECOLOGY CONSULTATION	30-03-2024
9.	INTERNATIONAL YOGA DAY	21-06-2024
10.	MEHNDI COMPETITION	12-08-2024
11.	SAKHI ONE STOP CENTRE WORKSHOP	21-08-2024
12.	WOMEN EMPOWERMENT PROGRAM	22-08-2024
13.	NATIONAL NUTRITIONAL MONTH	01-10-2024
14.	SHARDIYA UTSAV	05-10-2024
15.	POT MAKING COMPETITION	22-11-2024
16.	FINANCIAL AWARENESS PROGRAM FOR WOMEN	01-02-2025

INTERNATIONAL YOGA DAY

21-06-2023

INTERNATIONAL YOGA DAY

THEME : YOGA FOR
VASUDHAIVA
KUTUMBHKAM

REPORT OF INTERNATIONAL YOGA DAY

DATE: 21-06-2023

“Yoga is not for only one – it’s for everyone, Yoga is not for a day- it’s for every day.”

On 21st June 2023, International Yoga Day was celebrated in the college with great joy & enthusiasm. A huge participation was received from all students & teachers. The college believes that education does not mean mere imparting of knowledge or facts but it encompasses an all-round development of an individual. The college has been taking all initiatives to accomplish this. The celebration of International Yoga Day as declared by the United Nations was highly an exuberant event with the buoyant and enthusiastic participation of the large number of students. The heavy rains that lashed the city did not dampen the spirit of the students. The college organized a plethora of activities for students of all ages ranging from asanas, pranayama to Surya namaskar. The students stretched their arms, bent their legs, rolled their neck and twisted every sinew in their body with greater dexterity, in a spectacular synchronicity with English and Hindi instructions. Vrikshasana, Parvatasana, Padmasana, Vajrayana were the asanas, to name a few, performed on the occasion. The main attraction of the day was the performance of Surya Namaskar in which coordination of body and mind is very important.



INTERNATIONAL GIRL CHILD DAY

11-10-2023

REPORT ON INTERNATIONAL GIRL CHILD DAY

DATE: 11-10-2023

अंतराष्ट्रीय बालिका दिवस

वृत्तीद्वारा और अणुकेतन महाविद्यालय में दिनांक 11/10/23 को अंतराष्ट्रीय बालिका दिवस मनाया गया। यह दिवस हमारे देश के साथ अन्य मुक्तों में लड़कियों को उनके अधिकारों और सुरक्षा को दृष्टि दिलाने के लिए उन्हें जागरूक करने के साथ-साथ कई अन्य मुद्दों पर युवाओं की जागरूकता में वृद्धि, स्वीकरण, करियर शामिल होने इस दिवस मनाने का मुख्य उद्देश्य है। बालिकाओं को आत्मनिर्भर बनाना है, ताकि महिलाओं की सेवा और समाज के विकास में योगदान दे सकें। उन्हें सम्मान और अधिकार दिखाने के लिए इस दिवस का आयोजन किया जाता है।

मुख्य अतिथि इन्ताक्षर
मीना देवी मीना देवी
(मुख्य, अंजन सरायकेला)

पूजा महती Pooja Mahadi
(मौखिक में सर्वश्रेष्ठ उत्तम प्राप्त की आयु विकास अनुमित उत्तम विद्यार्थी हेलीपैठरी, सरायकेला) 2021

विशेष अतिथि
सिंधुक मोहन 11/10/23
(कोषाध्यक्ष, इन्तर्लीवर्त और अणुकेतन)



SHARDIYA UTSAV

17-10-2023

REPORT ON SHARDIYA UTSAV

Organized by: Women Development Cell, Institute for Education

Date: 17th October 2023

On 17th October 2023, the Women Development Cell of the Institute for Education hosted the Shardiya Utsav Celebrating Women to honor and recognize the contributions and empowerment of women in society. The event, held as part of the ongoing cultural festival, aimed to celebrate the spirit of womanhood, fostering a sense of pride and unity among women in the college and beyond.

Objectives of the Event: To celebrate the strength and resilience of women in various fields, to promote cultural awareness and the role of women in shaping society, to create a platform for women to showcase their talents and achievements.

The event featured a variety of performances, including traditional dance, music, and poetry, all celebrating the diverse roles women play in culture, family, and community life. Students and faculty actively participated, creating an atmosphere of joy and togetherness. Inspirational speeches by prominent women from various walks of life were shared, highlighting their personal journeys and achievements. Several women from the institute were recognized for their outstanding contributions to academics, sports, and extracurricular activities. Fun and engaging activities were organized to celebrate women in a light-hearted manner. These included games, quizzes, and creative workshops, all designed to foster camaraderie and build a supportive environment for women.

Outcome of the Event

The Shardiya Utsav successfully brought together women from diverse backgrounds, fostering a sense of solidarity and empowerment. Attendees were inspired by the performances and speeches, and many expressed feelings more motivated to pursue their ambitions. The recognition of women's achievements highlighted the importance of acknowledging and appreciating their roles in shaping the community.



CAREER COUNSELLING & PERSONALITY DEVELOPMENT PROGRAM 08-11-2023

REPORT ON CAREER COUNSELING AND PERSONALITY DEVELOPMENT PROGRAM

Organized by: Women Development Cell, Institute for Education

Date: 8th November 2023

On 8th November 2023, the Women Development Cell of the Institute for Education organized a **Career Counseling and Personality Development Program** aimed at empowering students with the necessary guidance and skills to excel in their careers and personal lives. The event was attended by students and faculty members and featured an insightful session by a **guest speaker** with expertise in career counseling and personal growth.

The guest speaker discussed various career options available to students, offering valuable tips on how to make informed decisions regarding their professional futures. In addition, the speaker highlighted the importance of personality development, focusing on enhancing communication skills, building self-confidence, and cultivating a professional mindset. Practical exercises were also conducted to help students better understand their strengths and areas for improvement.

The session provided students with essential tools for personal and professional success, motivating them to pursue their goals with confidence and clarity.

The event was a huge success, leaving students more equipped to navigate their future career paths while focusing on continuous personal development.

INTERNATIONAL WOMEN'S DAY

08-03-2024

REPORT ON INTERNATIONAL WOMEN'S DAY

Celebration at Institute for Education
Organized by: Women Development Cell
Date: 08-03-2024

On March 8, 2024, the Institute for Education marked International Women's Day with a special event organized by the Women Development Cell. The celebration was centered around honoring the significant contributions of Indian women throughout history. The highlight of the event was a Fancy Dress competition in which students dressed as notable Indian female personalities who have made remarkable impacts in various fields.

The students showcased iconic figures such as RANI LAKSHMI BAI, INDIRA GANDHI, KALPANA CHAWLA, SAVITRI BAI PHULE, DRAOUPADI MURMU, SHEFALI VERMA, SAINA NEHWAL, etc. and representing women from politics, science, literature, and the freedom struggle. Each participant not only displayed their costumes but also shared brief accounts of the achievements of the personalities they represented, educating the audience about their historical significance.

The event was a vibrant and colorful celebration, filled with enthusiasm and creativity. It aimed to inspire students to recognize the power and strength of women and to foster a sense of equality and empowerment. The celebration also served as a reminder of the ongoing struggle for women's rights and the importance of continuing to support and uplift women in all spheres of life.

The event concluded with a speech that emphasized the importance of gender equality, encouraging everyone to work towards building a more inclusive and respectful society for women. The day ended on an inspiring note, leaving the attendees with a sense of pride and motivation to contribute to positive change in their communities.



HEALTH AWARENESS PROGRAM

11-03-2024

REPORT ON HEALTH AWARENESS PROGRAM

Conducted by: NSS in collaboration with Women Development Cell

Date: 11-03-2024

Venue: Multipurpose Hall, Institute for Education

On February 11, 2024, the Institute for Education hosted a Women's Health Awareness Program, organized by the National Service Scheme (NSS) in collaboration with the Women Development Cell. The program took place in the Multipurpose Hall and aimed to raise awareness about women's health issues, focusing on preventive care, healthy lifestyles, and the importance of regular health check-ups.

The event was attended by students, faculty members, and health professionals who addressed various aspects of women's health. The session included talks on topics such as menstrual health, breast cancer awareness, mental well-being, nutrition, and reproductive health. **Dr. Rita Sharma, Civil surgeon**, from Aara, Bhojpur shared valuable insights on how women can prioritize their health and make informed decisions regarding their well-being.

The program also featured interactive activities such as Q&A sessions, where participants could ask questions and gain further understanding of key health topics. The goal was to empower women with knowledge and encourage them to take proactive steps towards maintaining their health.

The event concluded with a call to action, urging participants to spread awareness about women's health issues within their communities. It was a successful initiative that emphasized the importance of education, self-care, and support in maintaining a healthy lifestyle for women. The Women Health Awareness Program left a lasting impact on all attendees, inspiring them to be more conscious of their health and well-being.

FOOD MAKING COMPETITION

24-03-2024

REPORT ON FOOD MAKING COMPETITION

ORGANIZED BY: WOMEN DEVELOPMENT CELL

DATE: 24TH MARCH 2024

PANEL OF JUDGES: MISS SUMAN KUMARI & MRS. BANDANA KUMARI

To promote variety eating habits amongst students your college recently organized a FOOD MAKING COMPETITION. The competition was opened to all the students of B.Ed. The participation was very encouraging. The competition was an initiative by the college teachers to promote eating healthy wholesome meals and saying no to junk food. Students were asked to bring some home-cooked healthy food in their tiffin and to speak about its nutritional facts.

Teachers acted as an integral part of this activity as they had to help the students with the presentation and dining layout of the food. Students had brought complete materials (like table mats, spoons, table napkins, etc.) from their home to present the delicious food made by themselves. This activity showcased the perfect bond between students. It was indeed a special day for our students as they got an opportunity to make some memories with each other in their school and learned so much about eating healthy home cooked meals for a healthy body.



FREE GYNECOLOGY CONSULTATION

30-03-2024

REPORT ON FREE GYNECOLOGY CONSULTATION

Date: 30th March, 2024

On 30th march 2024 a free gynecology consultation program was organized by women development cell in Institute for Education for all the female students of IFE. A senior Gynecologist was invited for the checkup process. The students of semester I and semester II were given free gynecological checkup and consultation, the problems related to females were freely asked and given prescriptions and suggestions. Problems like PCOS, PCOD, blood pressure were consulted and given right suggestions and prescriptions for the same.



MEHENDI COMPETITION

12-08-2024

REPORT ON MEHNDI COMPETITION

Organized by: Women Development Cell.

Date: 12th August, 2024

Panel of Judges: Principal Dr. Sweety Sinha, Miss Suman Kumari & Mrs. Priyanka Kumari

Sawan Milan Samaroh was organized on 12th August, 2024 by Institute For Education, Seraikella in the Multipurpose Hall of the college.

The program started with lighting the lamp by the chief guest, Secretary, Dr. Sweety Sinha and the college faculty. In the same day Mehendi Competition was also organized for the students of B.Ed. The students showcased their talent in mehndi arts making many artistic designs of heena. Teachers played a very important role as they lend their hand to the students for their mehndi art. Principal Dr. Sweety Sinha also took part on the same and encouraged all the students for winning. The first, second and third prize winners were awarded by the principal. The program ended with a vote a vote of thanks from member of Women Development Cell, Mrs. Sharaboni Mukherjee, Asst. Prof., Institute for education.



WOMEN'S SAFETY AWARENESS PROGRAM

21-08-2024

REPORT ON WOMEN SAFETY AWARENESS PROGRAM

Date: 21ST August, 2024, Thursday.

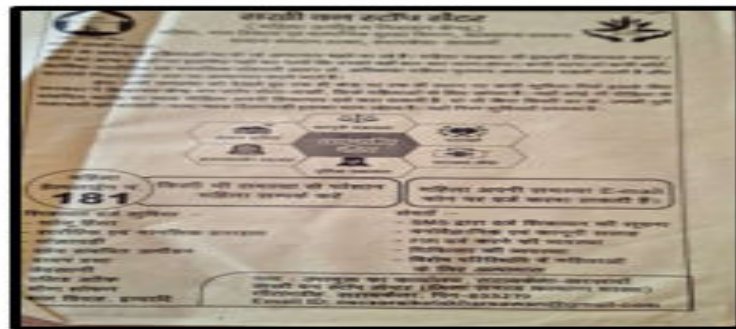
Women Safety Awareness program was organized at the Multipurpose Hall of Institute of Education, Seraikella by Women Development Cell. The program was inaugurated by Secretary of IFE, Dr. Sweety Sinha. The chief guest of the program were Mr. Arun Mahato and Miss Rashmi Singh Modak. The students of B.Ed. were made to know about Sakhi One Stop Centre, which is a centre that provides support to women who have experienced violence. The Sakhi scheme is a sub-scheme of the National Mission for Empowerment of Women, which is implemented by the Ministry of Women and Child Development (MWCD).

What services are available at Sakhi One Stop Centres?

- Medical aid: Women can receive medical assistance
- Legal aid: Women can receive legal advice and assistance
- Temporary shelter: Women can receive temporary shelter
- Police assistance: Women can receive assistance from the police
- Psycho-social counselling: Women can receive counselling

The One Stop Centre (OSC) scheme is being implemented by the Government across the country since 1st April, 2015 to provide integrated support and assistance under one roof to women affected by violence and those in distress, both in private and public spaces.

All the females of the college were assured to be provided help if have faced any, and were made to know about the techniques to help themselves of situations like these.



NATIONAL NUTRITION MONTH

01-10-2024

REPORT ON NATIONAL NUTRITIONAL MONTH

Date: 01.10.24

The National Nutrition Month is an annual campaign celebrated under the Nutrition Mission. It is observed every year in September. Its objective is to reduce malnutrition and promote better nutrition and healthcare.

The Institute for Education also inaugurated the Nutrition Month program under the theme "One Tree, One Mother's Name" as part of the afforestation campaign. All students planted a tree in the name of their mothers and pledged to take care of it like their mother.

Following this, activities related to nutrition were conducted, in which students, pregnant women, lactating mothers, and community members were informed about the importance of improving nutrition levels.

The program was attended by the honourable principal, Dr. Sweety Sinha, and director Mr. R.N. Mohanty.

The event concluded with a vote of thanks. The program ran from 10:30 AM to 11:00 AM.



SHARADIYA UTSAV

05-10-2024

REPORT ON SHARDIYA UTSAV

DATE: 05-10-2024

शारदीय उत्सव

मा देवी सर्वभूतेषु शक्ति-रूपेण संस्थिता ।
नमस्तस्मै नमस्तस्मै नमस्तस्मै नमो नमः ॥

इंस्टीट्यूट फॉर एजुकेशन में 05-10-24 को शारदीय उत्सव मनाया गया । शारदीय उत्सव में हम तीन उत्सवों दुर्गा पूजा, दीपावली और छठ महापर्व को उत्साह पूर्वक मनाते हैं । दुर्गा पूजा और दीपावली का उद्देश्य बुराई पर अच्छाई या अंधकार पर प्रकाश की जीत का प्रतीक है तथा छठ महापर्व स्वयं देवता की समर्पित है ।

उत्सवों का संगम है । शारदीय उत्सव नारी शक्ति का सम्मान है । दुर्गा पूजा करने से तथा छठ महापर्व शक्ति आस्था का स्वरूप है । शारदीय उत्सव लोगों के जीवन को प्रकाशमान बनाता है । महाविद्यालय में इस शारदीय उत्सव को छात्रों की हार्दिक भागीदारी के साथ मनाया गया ।

मुख्य अतिथि
डॉ. एन. वसुन्ती
(निर्देशक, इंस्टीट्यूट फॉर एजुकेशन)

विशिष्ट अतिथि
डॉ. लीला सिन्हा
(प्रधानाचार्या, इंस्टीट्यूट फॉर एजुकेशन)

किशुक गहन्ती
(कोषाध्यक्ष, इंस्टीट्यूट फॉर एजुकेशन)

हस्ताक्षर
05/10/24

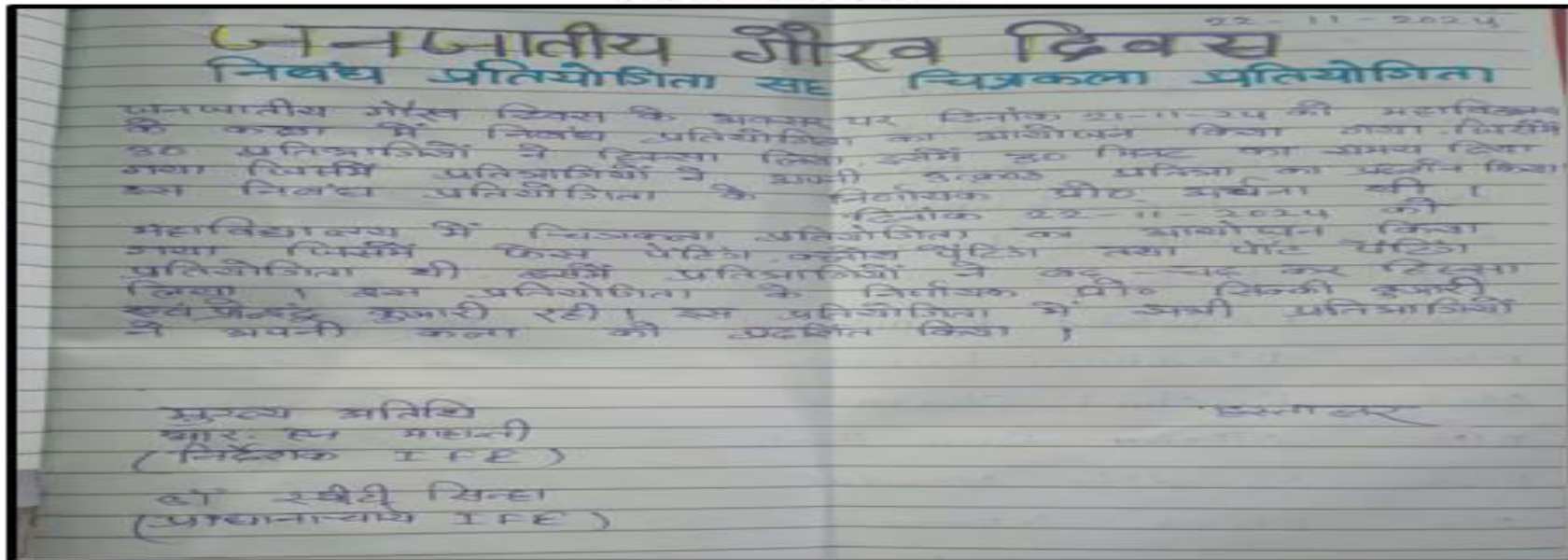


POT MAKING COMPETITION

22-11-2024

REPORT ON POT MAKING COMPETITION

DATE: 22-11-2024



FINANCIAL AWARENESS FOR THE WOMEN 01-02-2025

REPORT ON FINANCIAL AWARENESS FOR THE WOMEN

Organized By: Women Development Cell

Date: 01-02-2025

Introduction

The Women Development Cell (WDC) of the institute organized a Financial Awareness Program aimed at educating women about personal finance, budgeting, and financial planning. The event, held on [insert date], was a significant step in empowering women with the knowledge to manage their finances effectively. The chief guest for the program was **Dr. Shukla Mohanty**, the Educational Advisor to the Government of Odisha, who graced the occasion with her presence and valuable insights.

Event Overview

The program was designed to address the financial challenges women often face and to provide them with essential tools for financial literacy. Dr. Mohanty, an esteemed figure in education, inaugurated the session and highlighted the importance of financial education for women in today's world.

Key Highlights of the Event

- Expert Session by Dr. Shukla Mohanty:**
Dr. Mohanty spoke about the significance of financial awareness and the need for women to take charge of their financial futures. She emphasized the importance of budgeting, saving, and investing as essential skills for long-term financial stability. Dr. Mohanty also addressed common financial pitfalls and how women could avoid them through informed decision-making.
- Discussion on Budget 2025:**
One of the highlights of the event was Dr. Mohanty's analysis of the Government of India's Budget 2025. She explained the key provisions in the budget that directly impact women, including schemes for financial inclusion, social welfare, and empowerment. She encouraged participants to understand how these policies could benefit them and how they could utilize government schemes for their financial growth.
- Interactive Sessions:**
The program included interactive discussions and Q&A sessions, where participants raised questions about personal budgeting, investment options, and financial planning. Dr. Mohanty provided practical advice on managing household budgets and financial planning for future goals.

4. Empowerment through Financial Literacy:

The Women Development Cell aimed to promote financial independence and self-sufficiency among women. Through this program, attendees were encouraged to take control of their financial lives, understand financial terms, and make educated decisions regarding savings and investments.

Conclusion

The Financial Awareness Program was a great success, providing women with valuable insights into managing their finances effectively. Dr. Shukla Mohanty's presence and her expert analysis of the Budget 2025 added significant value to the session. The event was a vital step in empowering women and enabling them to make informed financial decisions. The Women Development Cell continues to play an essential role in promoting financial literacy and empowering women in the institute and beyond.



INITIATIVES FOR MOTIVATION FOR WOMEN

INITIATIVES FOR MOTIVATION FOR WOMEN

• INTRODUCTION

In a bid to empower and motivate women from all walks of life, Dr. Shukla Mohanty, Former Vice Chancellor of Kolhan University, Educational Advisor of Government of Odisha and mentor of Institute for education, has launched a dedicated YouTube channel on 20th June, 2020, that focuses on providing motivational content specifically designed for women. This initiative, supported by the college, aims to inspire women to embrace their strength, overcome societal challenges, and pursue their personal and professional aspirations with confidence.

Overview of the YouTube Channel

Dr. Shukla Mohanty's YouTube channel features a series of motivational videos, talks, and resources tailored to address the unique challenges faced by women. The channel provides a platform where women can find inspiration, empowerment, and practical advice on various aspects of life, including self-confidence, career growth, and emotional well-being. Key features of the channel include:

- 1. Motivational Speeches for Women:** Dr. Mohanty delivers powerful speeches that encourage women to believe in their capabilities, break free from stereotypes, and pursue their dreams fearlessly. These talks emphasize the importance of self-love, confidence, and resilience in overcoming obstacles.
- 2. Overcoming Gender Stereotypes:** Many of the videos tackle the societal pressures and gender stereotypes that women often face. Dr. Mohanty discusses how women can challenge these norms and rise above the expectations placed on them by society.
- 3. Success Stories of Women:** The channel regularly features inspiring stories of women who have achieved success in various fields despite facing adversities. These stories highlight how women, through determination and perseverance, have broken barriers and carved a path to success, serving as role models for viewers.
- 4. Work-Life Balance Tips:** Recognizing the multifaceted roles women often play, Dr. Mohanty provides guidance on achieving a healthy work-life balance. Her advice covers time management, prioritization, and strategies to avoid burnout while juggling personal and professional responsibilities.
- 5. Career and Leadership Development:** The channel includes videos on building leadership skills, excelling in one's career, and navigating challenges in the workplace. Dr. Mohanty encourages women to pursue leadership roles and offers tips on enhancing professional skills, networking, and advancing in their careers.

6. Emotional and Mental Well-being: The channel offers guidance on emotional intelligence, mental health, and self-care practices that are essential for women to thrive in all aspects of life. Dr. Mohanty discusses how women can practice mindfulness, self-compassion, and stress management to maintain their emotional well-being.

7. Interactive Engagement: The channel also includes Q&A sessions, where Dr. Mohanty engages directly with her audience. Women are invited to share their questions and concerns, and Dr. Mohanty offers practical advice and motivation to help them navigate their challenges.

Objectives of the Initiative

The primary aim of Dr. Mohanty's YouTube channel is to provide women with a space where they can find support, motivation, and practical tools to enhance their lives. The specific objectives include:

- 1. Empower Women:** The channel's primary goal is to empower women by boosting their self-esteem, helping them realize their potential, and inspiring them to pursue their dreams without fear or hesitation.
- 2. Promote Gender Equality:** Through motivational content, the channel aims to address the gender biases and stereotypes that limit women's opportunities and potential. Dr. Mohanty advocates for breaking down these barriers and fostering equality in all spheres of life.
- 3. Encourage Personal and Professional Growth:** The channel provides valuable resources for women to enhance their skills, advance in their careers, and embrace leadership roles. It offers practical advice to help women overcome obstacles and achieve success in their personal and professional lives.
- 4. Promote Mental and Emotional Health:** The initiative stresses the importance of mental health and emotional well-being for women. Through insightful videos, Dr. Mohanty encourages women to prioritize self-care and practice mindfulness in their daily routines.
- 5. Create a Supportive Community:** The channel provides a space for women to connect, share experiences, and find solidarity. By interacting with other women, viewers feel part of a supportive community where they can exchange ideas and encourage each other.

Impact and Reach

Since its launch, the YouTube channel has garnered significant attention and praise for its thoughtful and impactful content. Viewers have shared positive feedback about how the videos have helped them develop a stronger sense of self-worth, face their challenges with resilience, and pursue their goals with greater confidence.

Women from diverse backgrounds, professions, and age groups have expressed appreciation for the content, particularly the motivational speeches and career development advice. Many have reported feeling more empowered in their personal lives, and some have credited the channel for helping them navigate difficult situations, such as work-life balance issues or gender-related discrimination.

The channel's reach continues to grow, and it has created a network of women who are committed to supporting one another in their personal and professional journeys.

Conclusion

Dr. Shukla Mohanty's YouTube initiative is a powerful platform that serves as a source of motivation, inspiration, and guidance for women. The channel has successfully created an inclusive and empowering space where women can find the tools and support they need to thrive in all areas of life. With its continued focus on confidence-building, career growth, mental health, and personal empowerment, the channel is making a lasting impact in the lives of many women and will undoubtedly continue to inspire future generations.

Through this initiative, Dr. Mohanty is playing a pivotal role in encouraging women to embrace their full potential and challenge societal limitations, helping them unlock a future full of opportunities and success.

Link: <http://www.youtube.com/@prof.dr.shuklamahanty2526>

Motivational speech by Chairperson of IFE



[Video link](#)

WOMEN SCHOLARSHIP

Women Scholarship and Financial Assistance

College is also focused on helping students for scholarships for women by Government of India with some schemes made by the government such as:

- Savitri Bai Phule Scholarship by Government of India.
- Single Girl Child Scholarship by UGC

The Savitribai Phule Scholarship aims to support the education of economically disadvantaged students, while the UGC Single Girl Child Scholarship promotes the education of female students in higher education. The college's initiative includes informational sessions, personalized counselling, and assistance with documentation, making it easier for students to secure these financial aids. This effort reflects the college's commitment to enhancing access to education and promoting equal opportunities for all students.

Financial Assistance

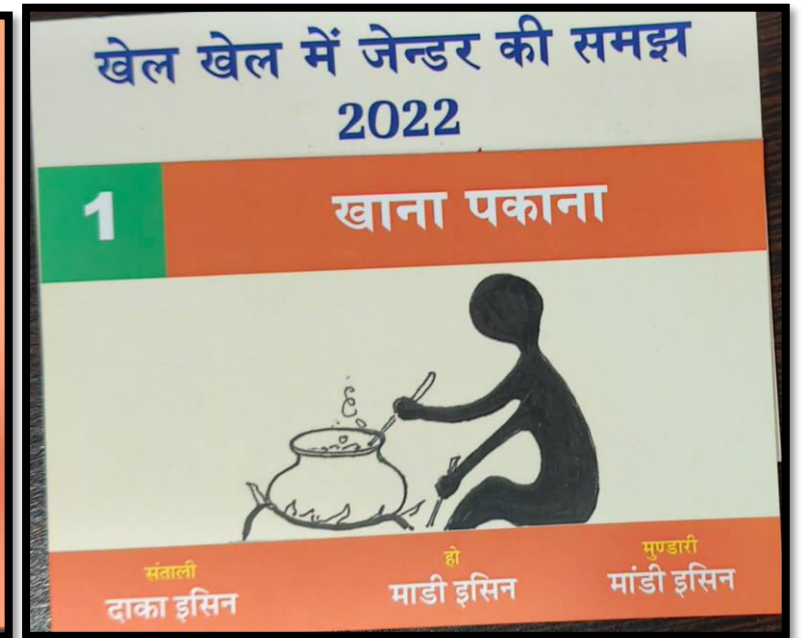
- Maiya Yojna by Government of Jharkhand
- Go-Go-Didi Yojna by Government of Jharkhand
- Tata Steel and few NGOs are also providing financial assistance to the women students

The college has taken a proactive initiative to assist students in accessing financial support through two significant scholarship programs: the Savitribai Phule Scholarship and the UGC One Girl Child Scholarship. The college has set up dedicated support systems to guide students in the application process, ensuring that eligible candidates are well-informed and able to meet the scholarship requirements and financial assistance from companies and NGOs. Bank loan is also available in the college because MOU with HDFC bank, Jamshedpur is existing.]

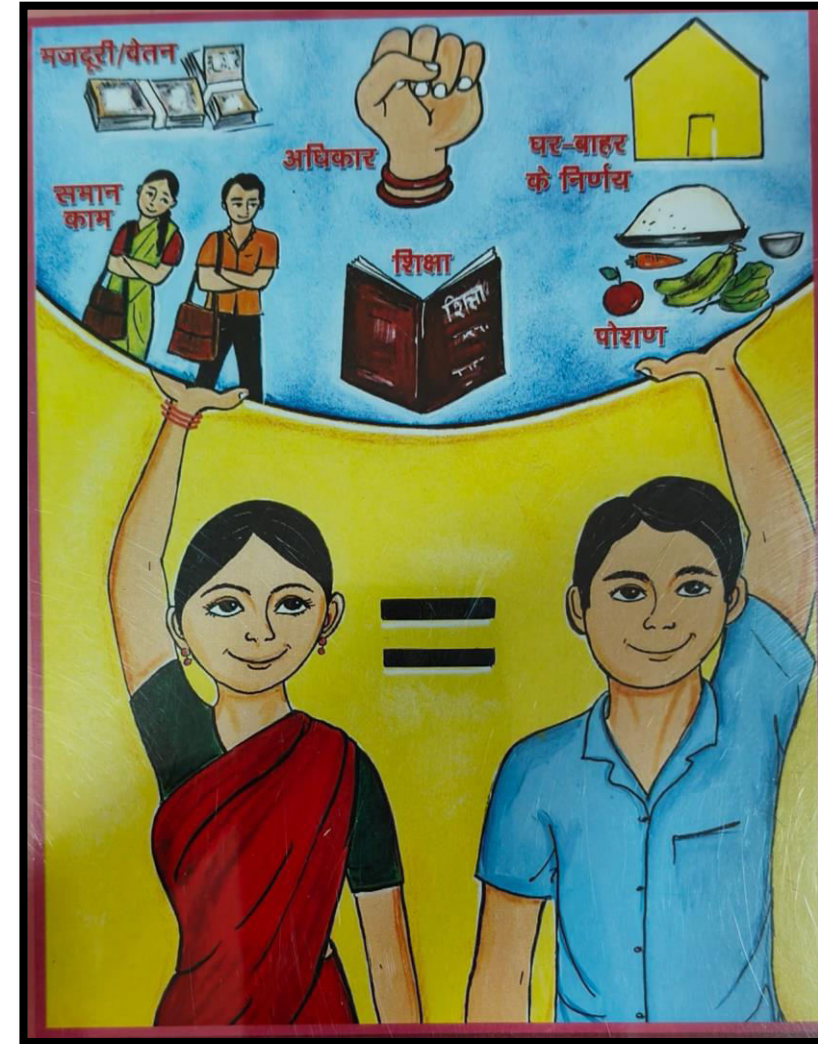
Different Activities through play, some books and literatures on Women



संताली : बनार
हो : कोआकुई
मुंडारी : बरन् किन्



Different Activities through play, some books and literatures on Women



DAY CARE CENTER

- Our Institution has a well arranged day care center for the women students.
- women with their small child use day care center and feel comfortable to come to the college regularly. They complete their studies along with the care of the child in a better way.
- This day care center is used by both the faculty and women students.



FUTURE PLAN OF WOMEN DEVELOPMENT CELL

The Institute For Education is bond to empower women across all levels – academic, professional, personal – mental & physical – Ensuring an inclusive, safe, and growth oriented environment.

Our future plan is

1. Develop a center for women Entrepreneurship and Innovation Cell
2. More collaborations with NGOs who are working for Women empowerment
3. More outreach program with the help of Govt. Officials
4. Encourage projects and research on women - centric issues not only for the teachers also for the students
5. A book named “Yoga Prabhava” will be published and will be based on articles related to yoga reflecting health parameters and impact of 10 yrs yoga observation.

FUTURE PLAN

A book named “A Decade with Yoga: Stories of Healing and Harmony” will be published and released on 21st June (International Yoga Day) from our institution. It has ISBN number 978-81-985826-0-7. The book deals with all the stories related to Yoga and how yoga has helped to maintain peace and harmony within us and with others.



**WOMEN DEVELOPMENT
CELL, IFE
THANK YOU**